



# Resources

## Technical Wordpress SEO

with Arianna Lupi

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- **Spanish SEO Learning:** <https://aprendoseo.com>, [@aprendoseo](#)

### Podcasts

- [Women In Tech SEO Podcast](#)

### Websites

- [Moz SEO Learning Center](#)
- [Seosly.com](#)
- [Page Experience](#)
- [Mobile First Indexing](#)
- [LightHouse Overview](#)

### Conferences

- [MozCon](#)
- [Brighton SEO](#)
- [WTS Fest](#)

### References

- [Technical SEO Guide](#) - Patrick Stox and Joshua Hardwick
- [What is Technical SEO](#) – Tushar Pol

### Robots.txt Example

```
User-agent:*  
Disallow: /wp-admin/  
Allow: /wp-admin/admin-ajax.php  
Sitemap: yoursite.com/sitemap_index.xml
```